



## TO THE SPA AT MIRABEL

With Mirabel's commitment to exceptional service and attention to the finer details, the Mirabel Team has created a selection of Spa and Salon services to relax your body, renew your mind and refresh your spirit. As a Member of the Mirabel Family, you and your Guest's comfort and satisfaction is a priority we welcome with great pride. The Spa at Mirabel extends a number of luxurious facial, nail, hair and body treatments for you to select from. Please take a moment to browse the options available. Then allow the Mirabel Team to create a truly unforgettable spa experience for you.

Relax and enjoy,  
*The Mirabel Spa & Salon Staff*

### HOURS OF OPERATION

Spa: Monday - Sunday, 9am - 5pm  
Hair Services: Tuesday & Friday, 8am-5pm; Thursday, 8am-1pm  
Nail Services: Tuesday - Saturday, 9am - 5pm  
Spa Desk: 480-437-1507

*General Inquiries*

### SPA RESERVATIONS & CANCELLATIONS

To schedule appointments please contact the Mirabel Spa. We recommend that reservations be booked 72 hours in advance to ensure that your requests are accommodated. Reservations require advance booking and may not be available during peak times. Through our professional staff, the Spa at Mirabel can assist you with canceling or changing an appointment. We ask that you call us directly to change any appointments. No-shows or cancellations less than 24 hours of the appointment will be charged.

### WHAT TO BRING UPON ARRIVAL

Many of the items needed for your experience are provided. Robes, towels, wraps and sandals are provided. Please bring your ID to the Spa Rooms. Please arrive 15 minutes prior to your appointment to enjoy the steam room, a glass of wine, or the relaxation area before your treatment.

### FITNESS CENTER

The Fitness Center at Mirabel is equipped with the latest training machines to fit every fitness level and preference. Cybex cardio machines, each equipped with iFit, for convenience and pleasure. A movement studio for Pilates and fitness classes. A \$20 fee for Members is charged to the Member's account for each fitness class or \$10 for non-members. Unlimited fitness classes. Personal trainers are available to work with you one-on-one to develop program and health related goals. To learn more about our Fitness Center, contact Jenny Hall, Fitness Manager at 480-437-1507.



### SPA PARTIES

Whether you are celebrating a wedding or closing on your new home let the Spa at Mirabel design a Spa Party for you and your friends. Pamper yourself with a facial, nail, hair, and body treatments of your choice. A 20% gratuity will automatically be added to Spa parties of 3 or more.

### NUTRITION

Mirabel believes that proper nutrition is a valuable tool in achieving and maintaining any fitness goal. A registered Dietician is available upon request to assess your dietary needs and to structure a personalized dietary plan that is right for you.

### TENNIS GARDEN

Mirabel has two Har-Tru clay tennis courts available from sunrise to sunset. Nestled against Colter Creek, the Tennis Garden offers a beautiful setting to relax and enjoy the views, play on exceptional surfaces with weekly tennis programming. Private instruction is available upon request. To reserve a tennis court or learn more about Mirabel Tennis call Kristin Fullam, Tennis Professional, at 480-294-2008.

### GUEST POLICY

A family member under the age of 23 and living within the Member's household is considered a Member. Any individual over the age of 23 is considered a guest, and a guest fee of \$10 per day will be applied to the Member's account for the use of the workout facility, locker room, and tennis courts. The guest fee is waived when your guest receives a spa treatment.

### CHILDREN IN THE CLUBHOUSE

Please remember that children under the age of 12 are not allowed at the Club's Facilities unless accompanied and supervised by an adult. Children under the legal drinking age are not allowed in the Men's and Ladies' Lounge unless accompanied by an adult. Please respect the privacy of our adult Members and protect the children by adhering to these rules.



Mirabel takes great pride in the excellent service provided to Mirabel Members. Please communicate with us if you have any questions or concerns you may have, and be assured that we will do our best to accommodate you.

### MIRABEL SIGNATURE MASSAGE

This customized service allows the therapist to tailor the massage just for you. By using different styles of massage techniques we can create an overall balance and the ultimate in relaxation. The following modalities: Deep Tissue, Sports, Reflexology, Swedish, Aromatherapy, and Full Body.

### HOT STONE MASSAGE

Utilizing a perfect combination of heat and pressure, this massage relieves stress and tension while this relaxing massage.

### THAI MASSAGE

This unique experience features a series of assisted stretches and yoga positions to warm the muscles and increase flexibility. *Please wear loose fitting clothing.*

### IN-HOME MASSAGE

A customized massage of your choice in all the comfort of your home. When calling to book this appointment, please provide us with directions to your home.

### BODY SCRUB TREATMENT

Organic sugar, essential oils, and other nourishing ingredients exfoliate dull surface skin cells while improving skin tone. The treatment completes this treatment leaving your skin soft and smooth.

*Please book all massages 24 hours in advance.*



Mirabel: "To Look At Beauty."

Treatments for both men and women help cleanse, hydrate, refresh, and protect your face from the elements. All treatments include: cleansing, toning, exfoliation, massage, mask and extractions, depending on your skin type. Each facial is finished with a hydrating lip plumper, antioxidants, and sun protection.

### SIGNATURE VITAMIN "C" FACIAL

A blend of pure vitamin C, seaweed, and orange flower water make this facial the ultimate antioxidant treatment. This facial nourishes skin from the inside out leaving it protected, hydrated, toned, and glowing.

Recommended for all skin types. 60 Minutes

### CLEAR COMPLEXION FACIAL

Problem skin needs balance and care. This customized facial helps calm, detoxify, firm, and tone the most sensitive and problem skin. Your Aesthetician will select special ingredients that help to reduce inflammation and redness while bringing the skin back to its radiant balance.

Recommended for sensitive/acne prone skin. 60 Minutes

### COLLAGEN FACIAL

This treatment is designed to re-energize and deeply hydrate mature and aging skin. Collagen, found in your skin's own structure, is essential in the maintenance of healthy cells and this treatment introduces lyophilized unaltered collagen into your skin.

Recommended for aging skin. 90 Minutes

### CLASSIC EUROPEAN FACIAL

This classic European facial is designed to accommodate each individual's skin concerns. Relax with a face, neck, and shoulder massage as your Aesthetician chooses the perfect combination of products tailored to your skin's needs.

Recommended for all skin types. 60 Minutes

*Please book all facials 24 hours in advance to ensure aesthetician availability.*



### BACK TREATMENT

Dedicated to the purification and relaxation of the back, this treatment is performed while wearing backless attire. It's a wonderful add-on to any facial.

### EYE REPAIR

This multi-action eye treatment uses an innovative eye cream and gentle massage to reduce puffiness, lessen dark circles, and brighten the eye area.

### LIP TREATMENT

This treatment targets dry cracked lips. It helps to hydrate and plump the lip area leaving them soft, healthy, and kissable.

### BROW & LASH TINT

A safe and effective dye is placed on the eye brows and eyelashes to give them an intense color. Colors available include: light brown, dark brown, and black.

### WAXING SERVICES

The Spa at Mirabel offers a variety of waxing services to help you feel soft and smooth. Areas: Lip, Brow, Chin, Full Arm, Bikini, and Full Leg.

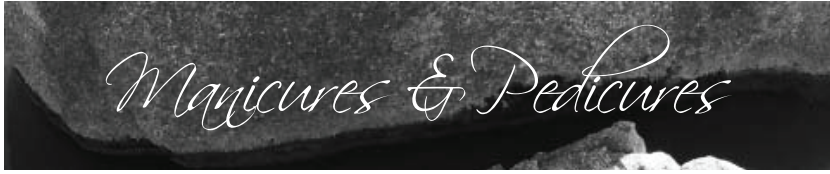
### Other Services

#### BOTOX

Come to the Mirabel Spa for your next Botox treatment. We have a Registered Nurse from "Ageless Health Institute" on staff.

#### SPRAY TANS

Protect your skin and have the beautiful Bronze glow with our spray tan treatments.



Nail Services are available on a walk-in basis  
Tuesday - Saturday, 9am - 5pm. *Appointments Recommended.*

### SIGNATURE MANICURE

A soothing, nourishing and hydrating treatment. The Signature Manicure includes nail shaping, buffing, cuticle treatment, exfoliation, hydrating serum application, and a moisturizing paraffin dip. Your hands and arms are massaged and nails are polished to perfection. 45 Minutes

### SIGNATURE PEDICURE

An essential for ultimate relaxation. The Signature Pedicure includes a foot bath, nail shaping, cuticle treatment, exfoliation and your choice of a luxurious paraffin dip or refreshing foot mask. Your legs and feet are massaged and nails are polished to perfection. 60 Minutes

### EXPRESS MANICURE

This revitalizing manicure features a soothing hand soak, perfectly groomed nails, an application of massage lotion, and a polish of your choice.  
Great for anyone on the go. 30 Minutes

### *Additional Manicure & Pedicure Complements*

- Shellac
- Polish Change
- French Hands or Feet
- Hot Stone Treatment
- Paraffin Treatment
- Heel Treatment



### *Hair Services*

Hair Services are available  
Tuesday & Friday, 8am - 5pm, &  
*Appointments Recommended*

### CUT & STYLE

Ladies' Cut, Men's Cut, &  
& Blow-dry/Style

### COLOR TREATMENTS

Partial Highlights, Full  
Tint/Color including

### *Additional Hair Services*

Conditioning Color Gloss, Dye



MIRABEL SIGNATURE MASSAGE

- 30 minutes - \$60
- 60 minutes - \$90
- 90 minutes - \$120
- 120 - \$160

HOT STONE MASSAGE

- 60 minutes - \$120
- 90 minutes - \$150

IN-HOME MASSAGE

- 60 minutes - \$135
- 90 minutes - \$165

BODY TREATMENTS

- Sugar Body Scrub - \$100

FACIALS

Signature Vitamin "C" Facial	\$140	Eye Treatment	\$15
Clear Complexion Facial	\$125	Lip Treatment	\$15
Collagen Facial	\$160	Renewal Peel	\$25
Classic European Facial	\$90	Eyebrow Tinting	\$20
Back Treatment	\$65	Eyelash Tinting	\$20



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Please make your appointments by calling the Spa Desk at 480-437-1507.



WAXING

Lip	\$15
Brow	\$15
Chin	\$15
Full Face	\$45
Half Leg	\$40

HAIR SERVICE

Women's Cut	from \$55
Men's Cut	\$30
Children's Cut	\$20
Blow-dry/Style	from \$40
Deep Conditioning	\$45

NAIL SERVICE

Signature Manicure	\$45
Signature Pedicure	\$60
Express Manicure	\$25
Express Pedicure	\$40
Signature Duo	\$95

OTHER SERVICES

BOTOX®	\$11 per unit
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