

April 21, 2020

Dear Marcie, the Board of Directors of Mirabel and my Fellow Members

Last week, my concierge doctor offered me and the rest of her patients, the opportunity to be tested for the virus and antibody. I had no symptoms; I had not been out of the Scottsdale area for nearly a month and was not really concerned that I had contracted the virus. I simply agreed to the test for peace of mind as I have struggled with an autoimmune disease for three years that made me at risk if I did contract the virus.

The test results came back today and I do have the virus and the antibody. The test indicate that I had had the virus for 7-10 days prior to the test (the test was administered on Thursday, April 16). Accordingly, I apparently contracted the virus from April 6th - April 9th. There is no way of knowing how I contracted the virus - it could have been the grocery store, it could have been another member who carried the virus but was also asymptomatic, no one can know for sure.

My doctor has recommended that I completely self-quarantine for the next 10 days, which of course I will do. I asked my doctor what people that I have come into contact should do. Her response was that they should watch carefully for symptoms, and get tested if possible. My fiancée Jan Haedicke will be tested tomorrow, and will stay away from me until her test results are known. If she also has the virus, we can self-quarantine together. If she doesn't have the virus, she will have to stay away from me until the end of the month.

Those of you that have played golf with me from April 6th through April 19th may want to follow my doctor's advice.

I am so sorry to bring this virus to Mirabel and cause such anxiety as a result. If you have any questions about anything I talked about in this note, please don't hesitate to call me 24/7.

Jim Williams  
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